

Level 3 Alternative Academic Qualification AAQ Health and Social Care

**OCR Cambridge Advanced National
1 A 'Level equivalent**

Health & Social Care

Health and social care is a subject that has many topic areas and is a good foundation subject for a wide range of careers.

In general, it's about people, their health, individual circumstances and what affect individuals.

Learning explores what service there are in the UK and how practitioners support people



The subjects that complement this course

These subjects might complement this qualification:

- A Level Biology
- A Level Psychology
- A Level Sociology
- A Level Law

The types of courses you may progress to

Both the subject-specific knowledge, understanding and skills, and broader transferable skills developed in this qualification will help you progress to further study in related areas such as:

- BSc Nursing (Adult/Child/Learning disabilities/Mental health)
- BSc Midwifery
- BSc Health and social care
- BSc Healthcare and Health Science
- BSc Health Sciences
- BSc Paramedic Science
- BSc Public Health and Wellbeing
- BA Social Work

Assessments

The AAQ in Health and Social Care is both exam assessed and timed assignment work.

The exams are in January and May and have a resit opportunity and total 40% of your end grade.

The non examined assessments are referred to as NEA's and are broken into tasks. These are marked by your teacher and have a resubmission element to improve your work



First & second year

The qualification is divided into two parts, the 1st year is the Certificate, and the 2nd year is the Extended Certificate.

In year one you will have one exam and two NEA's, your grade is Pass, Merit or Distinction.

In the second year you will also have one exam and two NEA's



Exam Units

The two exam assessed units, in the first and second year are 1 hour and 30 minutes.

- ✓ F090: Principles in Health & Social Care
- ✓ F091: Anatomy and Physiology for Health & Social Care

Exam sittings are Jan & May
Result opportunity

Year
12

Year
13



- F090: Principles of health and social care

This unit is assessed by an exam.

In this unit you will learn about the key topics that are important to develop underpinning knowledge and understanding relevant to health and social care. Topics include:

- Topic Area 1 Equality, diversity, and rights in health and social care settings
- Topic Area 2 Managing hazards, health and safety in health and social care settings
- Topic Area 3 Legislation in health and social care settings
- Topic Area 4 Best practice in health and social care settings

Non Exam Assessments

The two mandatory NEA units, are in the first and the second year has two units your teacher has selected as your 'optional' units.

- ✓ F092: Person-centred approach to care
- ✓ F093: Supporting people with mental health conditions

After you have learned the content, you then sit the NEA with set times for completion.

Year 12



- F092: Person-centred approach to care

This unit is assessed by an assignment.

In this unit you will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individuals. You will explore how to communicate in health and social care, how to build relationships and the barriers that need to be overcome to achieve person-centred care. You will learn to write outline care plans to suit individuals, using person-centred approaches and develop your reflective practice skills.

Topics include:

- Topic Area 1 Taking a person-centred approach
- Topic Area 2 Meeting needs and providing support in a person-centred way
- Topic Area 3 Communication skills needed to offer person-centred care

- F093: Supporting people with mental health conditions

This unit is assessed by an assignment.

In this unit you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs. You will do this through exploring the meaning of mental health and mental health needs, and considering the main types of mental health conditions and how these may affect the life of individuals. You will explore the different ways that individuals may be supported to promote their mental well-being, manage their illness, and different forms of treatment that may be available.

Topics include:

- Topic Area 1 Definitions and views of mental health
- Topic Area 2 Mental health conditions
- Topic Area 3 Provision of mental health services
- Topic Area 4 Treatment and support for mental health conditions

Non Exam Assessments

The two mandatory NEA units, are in the first and the second year has two units your teacher has selected as your 'optional' units.

- ✓ F096 Supporting people in relation to sexual health, pregnancy & postnatal health.
- ✓ F097 Supporting healthy nutrition and lifestyles

After you have learned the content, you then sit the NEA with set times for completion.

Year 13



Thinking ahead

You may be considering a career which requires a university degree and are thinking about UCAS points for the AAQ.

Ext. Certificate	
Grade	UCAS points
D*	56
D	48
M	32
P	16



**Any
questions?**