



Alternative Academic Qualification (AAQ)
Health & Social Care



Introduction to Sixth Form

Name: _____

Contents

What will I be studying?	Page 3
Recommended Netflix Programmes	Page 4
Other recommended watching	Page 5
Recommended Reading	Page 6
Recommended social media	Page 7
Representations Task	Page 8
Learning Log	Page 9
Key word Glossary	Page 10-11
A-Z Challenge	Page 12
History of the NHS	Page 13
Careers	Page 15
Extension Task	Page 16
Checklist for September	Page 17



What will I be studying?

Health and social care is a subject that has many topic areas and is a good foundation subject for a wide range of careers.

In general, it's about people, their health, individual circumstances and what affect individuals.

Your learning will explore what healthcare and social care service there are and how different job roles support people to meet their individual needs.

First year – Certificate

One exam assessed unit – Principles of health and Social Care

Two supervised assignments called NEA's (non-examined assessment)

The NEAs are;

- Person-centred care
- Supporting people with mental health conditions

You will have an opportunity to resit your exam and there will be a chance to improve some of your assignment work

Second year – Extended Certificate

One exam assessed unit – Anatomy & Physiology for health and social care

Two supervised assignments called NEA's (non-examined assessment)

- Supporting people in relation to sexual health, pregnancy and postnatal health
- Supporting healthy nutrition and lifestyles

Your teacher will deliver the course content using a wide range of teaching methods.

You may be considering a career which requires a university degree and are thinking about UCAS points for the AAQ.

Certificate	
Grade	UCAS points
D*	28
D	24
M	16
P	8

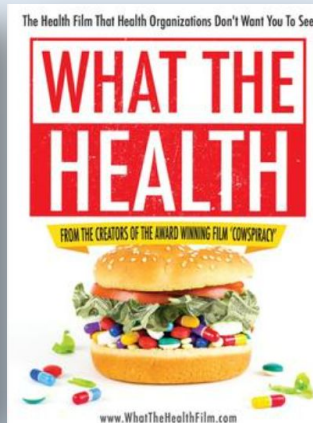
Ext. Certificate	
Grade	UCAS points
D*	56
D	48
M	32
P	16

NETFLIX

Babies



What the Health



Louis Theroux:
Extreme love,
Dementia



Five Feet Apart



Brain on Fire



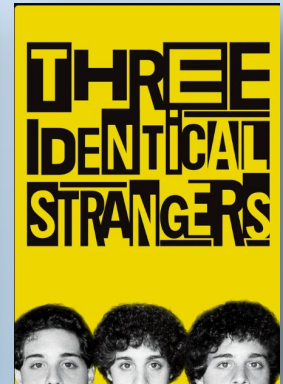
Theory of
Everything



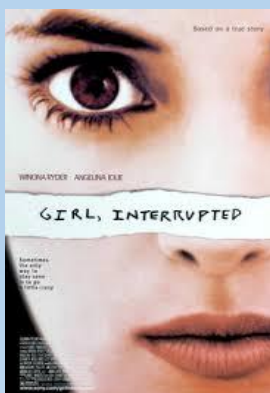
Humans;
Body Systems



Three identical
strangers



Girl, interrupted



Call the Midwife



13 Reasons Why



The Game
Changer (2018)



Recommended Watching for Health & Social

Not NETFLIX

Rhod Gilbert's Work
Experience



Katie Price;
Harvey and Me



Inside our Minds



Stacey Dooley
9-5 Care Home



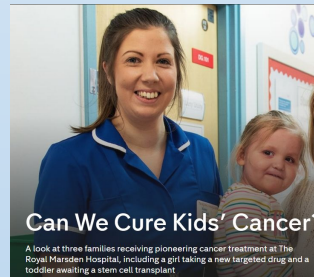
24 hours in
A&E



Born to be
different



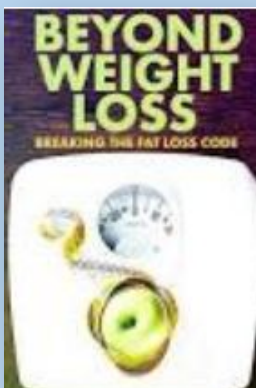
The Royal
Marsden



Losing it: Our
mental health



Beyond weight
loss



The Upside



ALLELUJAH



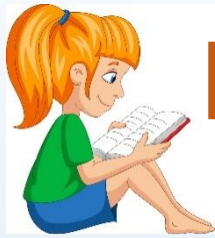
Miss you Already



BBC iPlayer

All 4

Amazon Prime



Dive into a book



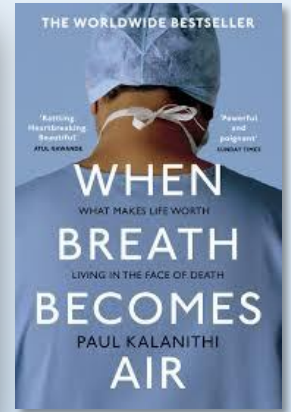
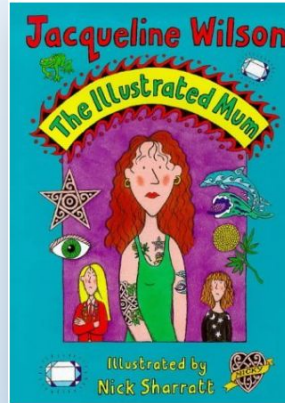
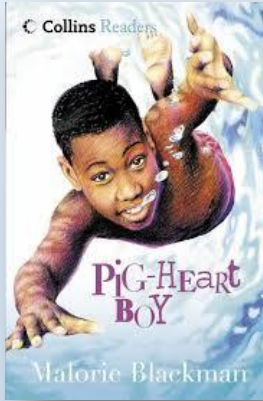
Pig Heart Boy by Malorie Blackman

The Illustrated Mum Jacqueline Wilson

This is Going to Hurt by Adam Kay

When Breathe becomes Air by Paul Kalanithi

Further Reading

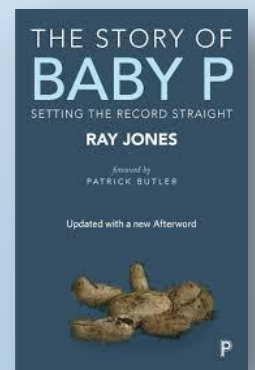
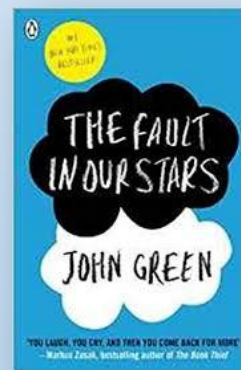
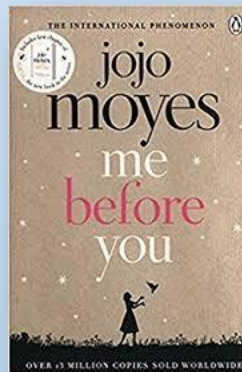


The Hate U Give by Angie Thomas

Me Before you by Jojo Moyes

The Fault in Our Stars by John Green

The Story of Baby P by Ray James

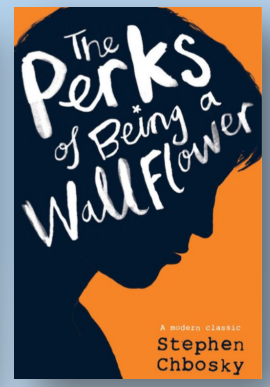
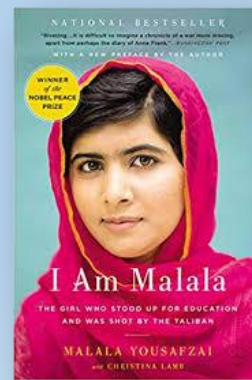
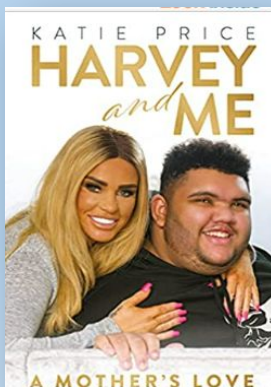


Katie Price; Harvey

The Language of Kindness by Christie Watson

I am Malala by Malala Yousafzai

The Perks of Being a Wallflower Stephen Chbosky



Recommended Reading for Health & Social Care
Yes, some of these are also films, if you prefer!



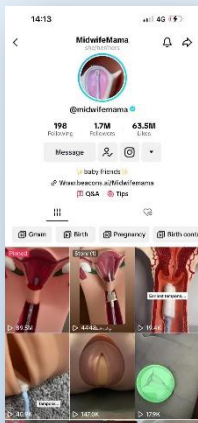
Follow

Social Media

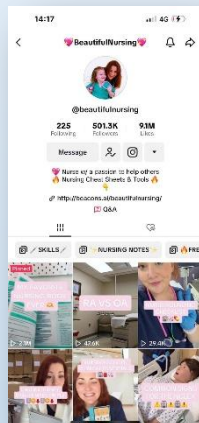


Follow

@midwifemama



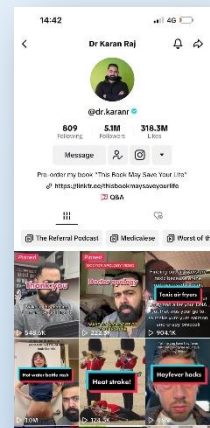
@beautifulnursing



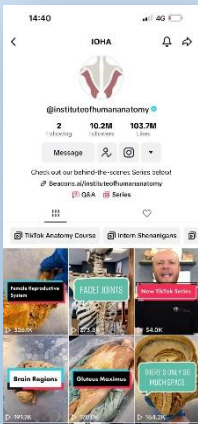
@leilaincredible



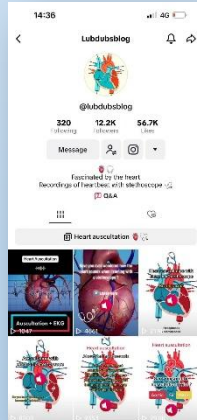
@dr.karanr



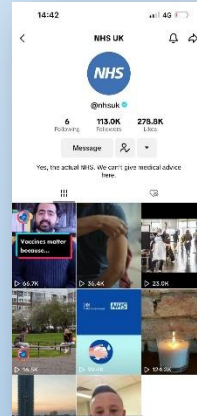
@instituteofhumananatomy



@lubdubsblog



@nhsuk



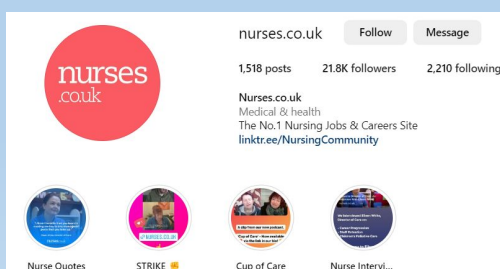
@alliedhealthcareforme



Instagram

Nurses.co.uk

@nursezara_uk



If you have any others, you think are good, let us know 😊

Health and Social Care in the Media



It is important to have a **broad understanding** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to **prepare you before your course** starts with summer learning using different forms of media.

Your task is to pick...

- 2 Films
- 1 Book
- 2 Documentaries

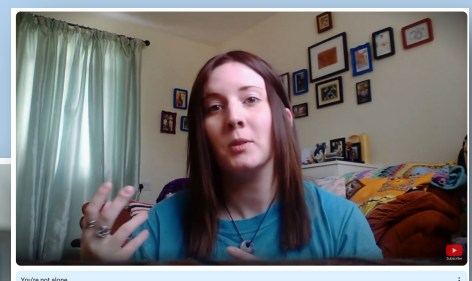
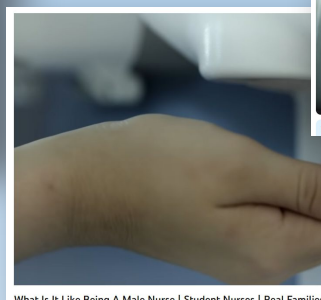
You are then tasked with writing a report which is to be a minimum of half an A4 page with the following title: **'Discuss the issues [in the film/book or documentary] and impact on health care provision'**

You must watch or read using examples on the previous slides or another media resource relevant to your learning.

Consider the following:

- What issues, if any, are being raised in the stimulus? E.g. dementia
- How does the stimulus present health? E.g. care for people with dementia
- Explain why the topic of the media source is relevant to your learning and whether you think it is helpful and why?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read – it would be lovely to share with us all.



Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could watch/read/research

Date	Title	Summary of content	My thoughts

GLOSSARY

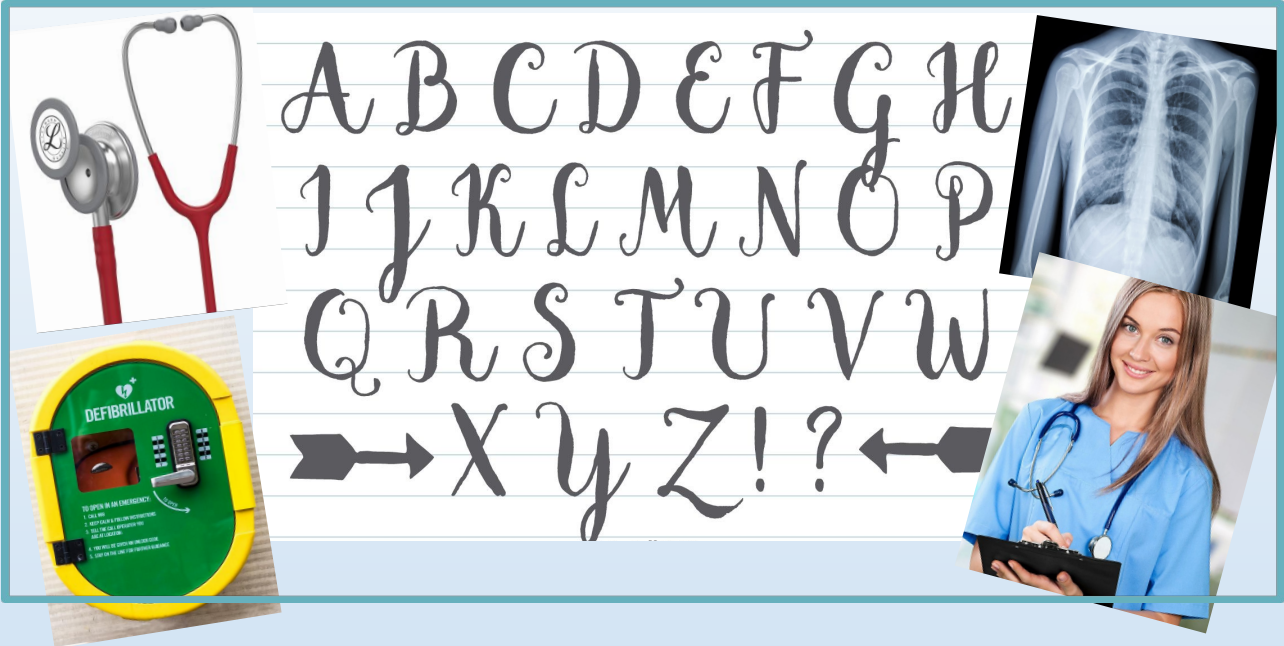
Task: Research and define the following words which are words you will need to use correctly. Then, end column summarise the term visually to help you remember it.

Term	Definition	Pic/image/draw
Adolescence		
Advocate		
Attachment		
Care package		
Safeguarding		
Discrimination		
Diversity		
Empathy		
Ethical		

GLOSSARY

Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		

Research a list of Health and Social Care jobs/ medical terms for each letter of the alphabet



A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

An information leaflet task

Choose one of the below

Research the government recommendations for the below lifestyle factors and produce an educational information leaflet;

- Alcohol units
- Exercise
- Hydration
- Nutritional diet
- Sleep
- Smoking
- Prescription and illegal drugs

Research different techniques to manage stress, worries and anxieties and produce an educational leaflet;

- Grounding
- Breathing exercises
- Me time and saying no
- Meditation
- Avoid unhealthy habits

On 'The front line'

- What does it mean when people talk about being 'on the front line'?
- What does it mean when people talk about multidisciplinary teamwork?

Job Role	Definition	Roles and Responsibilities
District Nurse		
Auxiliary Nurse		
Palliative Care		
Phlebotomist		
Domiciliary Carer		
Neonatal nurse		



Future higher education opportunities

The subjects that complement this course

These subjects might complement this qualification:

- A Level Biology
- A Level Psychology
- A Level Sociology
- A Level Law

The types of courses you may progress to

Both the subject-specific knowledge, understanding and skills, and broader transferable skills developed in this qualification will help you progress to further study in related areas such as:

- BSc Nursing (Adult/Child/Learning disabilities/Mental health)
- BSc Midwifery
- BSc Health and social care
- BSc Healthcare and Health Science
- BSc Health Sciences
- BSc Paramedic Science
- BSc Public Health and Wellbeing
- BA Social Work

Passport to Sixth Form

Check list

Use this list to make sure you have everything you need to hand in in September in order to start your AAQ Health & Social Care course.

☐

Report/review on your chosen film, documentary and book in the media, page 7.

☐

Complete at least a minimum of 5 sections of the learning log, page 9.

☐

Completed glossary of key terms, page 10-11.

☐

Filled in A-Z of Health and Social Care, page 12.

☐

Information leaflet

☐

Job role research from page 14

☐

Overview of job roles, page 15

☐

Pen case with pens, highlighters, pencil and rubber.

☐

A positive attitude, a lovely smile and be ready to be yourself 😊